

## Aikataulu lauantai 20.2.2016

A = A-halli, B = B-halli

### JUOKSUT ja KÄVELYT

10:00	60 m ae. M 70 (11)
10:08	60 m ae. M 65 (18)
10:20	60 m ae. M 60 (10)
10:28	60 m ae. M 55 (14)
10:36	60 m ae. M 50 (10)
10:44	60 m ae. M 45 (14)
10:52	60 m ae. M 40 (14)
11:00	60 m ae. M 35 (16)
11:08	60 m ae. N 55 (9)
11:16	60 m ae. N 50 (9)
11:24	60 m ae. N 45 (14)
11:32	60 m ae. N 40 (11)
11:40	60 m ae. N 35 (18)
11:52	60 m ae. N 30 (12)
12:00	60 m lk. M 80
12:04	60 m lk. M 85-90
12:08	60 m lk. M 75
12:12	60 m lk. N 75-80
12:16	60 m lk. M 70
12:20	60 m lk. N 70
12:24	60 m lk. M 65
12:32	60 m lk. N 60-65
12:36	60 m lk. M 60
12:40	60 m lk. M 55
12:44	60 m lk. N 55
12:48	60 m lk. M 50
12:52	60 m lk. N 50
12:56	60 m lk. M 45
13:00	60 m lk. N 45
13:04	60 m lk. M 40
13:08	60 m lk. N 40
13:12	60 m lk. M 35
13:16	60 m lk. N 35
13:20	60 m lk. M 30
13:24	60 m lk. N 30
13:45	3 000 m k. N 55-60-65-70-75-80 M 80-85 (18)
14:20	3 000 m k. N 40-45-50, M 30-35, M 60-65-70-75 (19)
14:55	3 000 m k. N 30-35 M 40-50-55 (15)
15:30	400 m M 80 (6)
15:35	400 m M 75 (3)
15:40	400 m M 70 (6)
15:45	400 m N 75-80 (5)
15:50	400 m N 70 (3)
15:55	400 m N 65 (5)
16:00	400 m M 65 (13)
16:15	400 m M 60 (8)
16:25	400 m M 55 (7)
16:35	400 m N 60 (5)
16:40	400 m N 55 (3)
16:45	400 m M 50 (13)
17:00	400 m M 45 (9)
17:10	400 m N 50 (8)
17:20	400 m N 45 (7)

17:30	400 m M 40 (8)
17:40	400 m N 35 (6)
17:45	400 m N 30 ja N 40 (5)
17:50	400 m M 35 (6)
17:55	400 m M 30 (4)
18:00	1 500 m N 60-65-70-75-80 (16)
18:10	1 500 m N 45-50-55 (11)
18:20	1 500 m N 30-35-40 (9)
18:30	1 500 m M 70-75-80 (16)
18:40	1 500 m M 60-65 (16)
18:50	1 500 m M 50-55 (21)
19:00	1 500 m M 40-45 (19)
19:10	1 500 m M 30-35 (11)
19:30	4 x 200 m N 60+55-50 (7)
19:40	4 x 200 m N 45-40-35-30 (12)
20:00	3 x 200 m M 80-75-70 (7)
20:20	4 x 200 m M 65-60-55-50 (13)
20:40	4 x 200 m M 45-40-35-30 (12)

### HYPYT

10:00	Korkeus M 30-35-40 (16) (A1) Pituus N 60-65-70-75-80 (17) (B) Pituus M 45-50 (11) (A)
11:00	Seiväs M 50-55 (12) (A) Korkeus N 55-60-65-70-75 (18) (A2) Pituus M 30-35 (11) (A)
12:10	Pituus M 65-70 (16) (B)
12:20	Korkeus M 45-50 (12) (A1)
13:10	Pituus M 40 (17) (A)
13:30	Pituus N 30 (7) (B) Seiväs M 30-35-40-45 (10) (A)
13:40	Korkeus M 65-70 (18) (A1)
14:20	Pituus N 35 (14) (B)
14:30	Pituus M 60 (13) (A)
15:00	Korkeus M 75-80-85-90 (11) (A2)
15:30	Pituus N 40-45 (16) (B)
15:50	Pituus M 55 (10) (A)
16:10	Korkeus M 55-60 (18) (A1)
16:40	Korkeus N 30-35-40-45-50 (16) (A2) Pituus M 75-80-85-90 (17) (B) Pituus N 50-55 (11) (A)

### HEITOT

10:00	Painonheitto M 80-85-90 (13) (B)
10:20	Kuula N 30-35 (18) (A)
11:00	Painonheitto M 70-75 (14) (B)
11:50	Kuula N 40-45 (16) (A)
12:00	Painonheitto M 30-35-40 (13) (B)
13:20	Kuula N 50 (10) (A) Painonheitto M 45 (9) (B)
14:10	Kuula N 55 (10) (A)
14:30	Painonheitto M 65 (11) (B)
15:00	Kuula N 60-65 (17) (A)
15:30	Painonheitto M 50-55 (18) (B)
16:30	Kuula N 70-75-80 (12) (A)
17:00	Painonheitto M 60 (10) (B)

## Aikataulu sunnuntai 21.2.2016

A = A-halli, B = B-halli

### JUOKSUT

10:00 60 m aj. M 80–85 (3)  
10:05 60 m aj. N 60–65–70 (6)  
10:10 60 m aj. M 75 (4)  
10:15 60 m aj. M 70 (8)  
10:20 60 m aj. N 50–55 (7)  
10:30 60 m aj. N 40–45 (8)  
10:45 60 m aj. M 65 (7)  
10:50 60 m aj. M 60 (7)  
10:40 60 m aj. N 30–35 (4)  
11:05 60 m aj. M 55 (5)  
11:05 60 m aj. M 50 (6)  
11:20 60 m aj. M 40–45 (7)  
11:30 60 m aj. M 35 (5)  
11:35 60 m aj. M 30 (1)  
11:50 200 m N 30 (4)  
11:55 200 m N 35 (7)  
12:05 200 m N 40 (6)  
12:10 200 m N 45 (11)  
12:20 200 m N 50 (5)  
12:25 200 m N 55 (6)  
12:30 200 m N 60–65 (4)  
12:35 200 m N 70 (6)  
12:40 200 m N 75 (3)  
12:45 200 m M 80–85 (10)  
12:55 200 m M 75 (6)  
13:00 200 m M 70 (9)  
13:10 200 m M 65 (12)  
13:20 200 m M 60 (10)  
13:30 200 m M 55 (13)  
13:45 200 m M 50 (12)  
14:00 200 m M 45 (9)  
14:15 200 m M 40 (13)  
14:20 200 m M 35 (10)  
14:30 200 m M 30 (4)  
14:40 800 m N 60–65–70–75–80 (13)  
14:50 800 m N 45–50–55 (17)  
15:00 800 m N 30–35–40 (10)  
15:10 800 m M 75–80 (13)  
15:20 800 m M 70 (8)  
15:30 800 m M 65 (13)  
15:40 800 m M 60 (8)  
15:50 800 m M 55 (9)  
16:00 800 m M 50 (12)  
16:10 800 m M 40–45 (12)  
16:20 800 m M 30–35 (10)  
16:40 3 000 m N 30–35–40–45–50 (20)  
17:00 3 000 m N 55–60–65–70–75–80 (17)  
17:20 3 000 m M 65–70–75–80 (22)  
17:40 3 000 m M 55–60 (16)  
18:00 3 000 m M 50 (6)  
18:20 3 000 m M 40–45 (17)  
18:40 3 000 m M 30–35 (15)

### HYPYT

10:00 Seiväs N 30–35–40–45–55–65–70–75 (12)  
(A)  
Kolmiloikka M 35–40 (12) (A)  
11:00 Kolmiloikka N 45–50–55–60 (12) (B)  
12:15 Kolmiloikka M 45–50 (11) (A)  
Kolmiloikka N 65–70–75 (12) (B)  
12:50 Seiväs M 60–65 (12) (A)  
13:30 Kolmiloikka N 30–35–40 (15) (B)  
Kolmiloikka M 55–60 (19) (A)  
15:00 Kolmiloikka M 80–85–90 (5) (B)  
Kolmiloikka M 65–70 (14) (A)  
Seiväs M 70–75–80–85 (14) (A)  
16:10 Kolmiloikka M 75 (8) (A)

### HEITOT

10:00 Kuula M 30–35 (9) (A1)  
11:00 Kuula M 40 (13) (A1)  
Painonheitto N 75–80 (6) (B)  
11:30 Kuula M 80–85–90 (13) (A2)  
12:00 Painonheitto N 65 (11) (B)  
Kuula M 45 (11) (A1)  
12:50 Kuula M 70 (14) (A2)  
13:10 Painonheitto N 60 ja N70 (11) (B)  
13:30 Kuula M 50 (9) (A1)  
14:00 Kuula M 75 (7) (A2)  
14:10 Painonheitto N 40–45 (10) (B)  
14:40 Kuula M 55 (7) (A1)  
15:10 Painonheitto N 30–35 (10) (B)  
15:30 Kuula M 60 (13) (A2)  
Kuula M 65 (12) (A1)  
16:00 Painonheitto N 50–55 (15) (B)